

## SCOTTY'S LITTLE SOLDIERS AUTUMN WORKSHOPS 2024

Join us online in 2024 as we explore our various Scotty's Programmes in addition to providing you with information and guidance in how to best support your children and young people through a variety of challenges.

All our online workshops are delivered using the Microsoft Teams Platform. These are live, online presentations and you can log in on your computer, phone or tablet. A member of the Scotty's Families Team or an external provider will present the workshop via webcam. You can join and choose to keep your camera on or off. The workshops are interactive, and you can engage by talking or using the chat function, although there is never any pressure to do either! Where possible we will record the sessions and upload them to our Families Zone. Please note names, images and any identifying factors will be blurred or muted to protect confidentiality.



## Summer Break - No Workshops

July & August

## Bereavement by Suicide

Wednesday II<sup>th</sup> September 7.30-8.30pm

Meet Charlie and Lorna from the Families Team as they talk through how to support children and young people who have been bereaved by suicide.



making me Wednesday 9th October 7.30-8.30pm

Meet Liz Fordham from Making Me as she talks us through how to support our children and young people with their mental health.



## **Navigating Grief and Loss**

Wednesday 20th November 7.30-8.30pm

Meet Charlie and Mark from the Scotty's SUPPORT programme as they discuss how to support children and young people through grief and loss.



To book on any of the above workshops please either scan the QR code, click <u>here</u> or call 0800 0928571, option I to speak to a member of the Families Team.

